



I understand that if I text or email Denise Hie any personal information, it would be on a platform that she cannot guarantee safety or privacy:

Signature\_\_\_\_\_

I give Denise Hie permission to text or email information to me that is regarding appointment changes/updates.

Signature\_\_\_\_\_

I give Denise Hie permission to send me helpful links by way of text/email, as we discuss such in sessions.

Signature\_\_\_\_\_

Exceptions to the above? \_\_\_\_\_

Print Name \_\_\_\_\_

Signature\_\_\_\_\_Date\_\_\_\_\_