



Denise Hie, LMFT, CMHP
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Tele-therapy Informed Consent

Tele-therapy (also known as distance counseling, video counseling, or telephone counseling) is the use of electronic communication to conduct counseling services. I offer teletherapy via phone or secure video under limited circumstances. This form is intended to clarify the framework and risks of the teletherapy services I provide and to give informed consent to the use of teletherapy.

Please read this form carefully and feel free to ask me any questions you may have about this information. After your questions have been answered, I will ask you to sign this agreement.

I may use teletherapy when a client or myself is traveling, when a client lives in an area in which they do not have access to in-person counseling, when extenuating circumstances occur, or when inclement weather prevents a client or myself from safely accessing the regularly scheduled therapy office location. My practice of teletherapy is available to Washington residents only.

I use "Doxy.me," an online, HIPAA compliant, secure video service for video sessions (in extenuating circumstances I use a cellular phone for phone sessions). Both video and phone communication inherently involve certain risks. Although I take precautions to ensure confidentiality and privacy of all video or phone sessions, no communication conducted electronically is 100% secure.

In order to increase security, I suggest that you only use a WiFi network that is secure via password protection (no public WiFi) and that you ensure that your physical location is private and free from distractions. Additionally, you are responsible for maintaining the strict confidentiality of your user ID and password or phone.

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There will be no recording of any of the online/phone sessions and all information disclosed within sessions and the written records pertaining to those sessions are confidential and may not be released without your written permission, except where disclosure is required by law.

Therapy conducted online or over the phone is technical in nature and problems with reception, internet connectivity, hardware, or software may occasionally occur and therapy sessions may be interrupted. Any problems with internet availability or connectivity are outside my control and I make no guarantee that such services will be available or work as expected.

Please check with your insurance to verify if they cover video teletherapy, and if they cover phone teletherapy (less common). If they do not, the responsibility of payment may be yours.

I voluntarily agree to receive online video or phone therapy services from Denise Hie, LMFT. By signing this Informed Consent Addendum, I, the undersigned client, acknowledge that I have both read and understand all the terms and information contained herein.

By signing below, I am giving consent for therapy delivered via:

Tele-therapy/Video: Yes / No Phone: Yes / No

Client Name

Client Signature Date

Therapist Signature Date

Email or text you wish me to send the invitation to join me on "Doxy.me":
